# Stop the hurt before it happens.

CUPE SASKATCHEWAN HEALTH & SAFETY CONFERENCE 2018

**April 24—26, 2018** Delta Hotel | REGINA, SK

#### HOW DO I ATTEND?

- 1. Contact your CUPE local to approve sponsorship of your registration;
- 2. Complete and submit the conference registration form to the CUPE Saskatchewan office;
- 3. Book your accommodation if required.

#### **CONFERENCE AGENDA**

Tuesday, April 24, 2018 Wednesday, April 25, 2018 Thursday, April 26, 2018 9:00 a.m. - 5:00 p.m. 9:00 a.m. - 5:00 p.m. 8:30 a.m. - Noon (or Adjournment)

Accommodation booking deadline: March 23, 2018 Delta (Marriot) Hotel Regina, 1919 Saskatchewan Drive, Regina, SK Book online: <u>Click here for the booking link</u>.

EARLY REGISTRATION: *Before March 23, 2018* Affiliated local: \$150 /person; Non-Affiliated local: \$175 /person

LATE REGISTRATION: *After March 23, 2018* Affiliated local: \$175 /person; Non-Affiliated local: \$200 /person



HEALTH & SAFETY

Saskatchewan

# Choose your workshops.



## OH&S 101

This workshop will introduce members to the basics of health and safety including

the identification of hazards, the hierarchy of controls, the role of health and safety committees, the general duties of employers and workers, and the right to refuse.

#### Health and Safety: Making Committees Work

This workshop explores the structure, role, and function of health and safety committees, their strengths and limitations, and how they can best work within the legislative framework, and within our union.

#### Violence Prevention in the Workplace

This module examines the risk factors that lead to violence in the workplace, and the employer's obligations to prevent workers from being exposed to and injured by violence while at work. We examine relevant health and safety law, and start to develop strategies to make our workplaces safer.

#### Preventing Mental Injuries at Work

New forms of work, job insecurity, work intensification, high demands, violence, and poor work-life balance are resulting in psychosocial and mental health problems in CUPE workplaces. This module focuses on the workplace as the cause of mental health issues, and not the individual. Discuss strategies and actions that actually help make workplaces psychologically healthier and safer.

## Identifying & Documenting Hazards

In this module, you will learn techniques for identifying hazards, such as body maps, surveys, and inspections. You will also develop a methodology for dealing with the hazards you find.

## Women and Work Hazards

This module looks at the impact of the physical and social work environment on women's health, and ways to influence research, policy, and practice to reduce the health disparities related to gender.

Select four (4) workshops and rate by preference.

Note: OH&S 101 is equivalent to three (3) workshops.

